



Plans of Safe Care Sprint

Program Charter

Program Overview

The **Plans of Safe Care Sprint** is a collaborative learning opportunity designed to support healthcare providers, hospitals, social workers, public health professionals, and community organizations in improving understanding and efficiency of plans of safe care (POSC) processes within perinatal care settings. Led by the Minnesota Perinatal Quality Collaborative (MNPQC), this sprint provides a structured space for participants to explore implementation strategies, policy considerations, and best practices for working across sectors.

This sprint is built on the understanding that substance use disorder remains a leading public health concern, with pregnant and postpartum women facing unique challenges in accessing harm reduction resources. By bringing together diverse healthcare stakeholders, this sprint aims to strengthen collaboration across sectors involved in POSC, address stigma, and promote sustainable solutions for existing barriers and challenges.

Program Aim

The **Plans of Safe Care Sprint** is designed to create a shared learning space for healthcare providers, public health professionals, behavioral health professionals, social workers, and community-based organizations to learn about effective POSC workflows. This sprint provides an opportunity for participants to explore best practices, implementation approaches, and policy considerations while addressing stigma and breaking down barriers.

Through shared learning, discussion, and collaboration, this sprint seeks to:

- Provide background information on POSC, untangling the complicated workflows, and providing clear information on the roles of different stakeholders.
- Identify opportunities and best practices for integrating POSC into perinatal healthcare workflows
- Equip participants with trauma-informed strategies for discussing POSC with patients
- Strengthen POSC implementation through interdisciplinary collaboration across sectors and policy-informed approaches.

Goals & Objectives

Session 1 - Plans of Safe Care (POSC) 101: The Landscape of POSC in Minnesota



- The purpose of this session is to establish a shared understanding of POSC, clarify key terminology, and ground the work in Minnesota-specific requirements and realities.

Session 2 - Operationalizing POSC: Practical Strategies for Hospitals and Community Systems

- The purpose of this session is to explore how plans of safe care are implemented within the hospital setting and how partnerships with community and governmental entities can strengthen implementation.

Session 3 - Dissolving Silos: Cross-System Collaboration in POSC Implementation

- The purpose of this session is to move from understanding to action by exploring what effective cross-system collaboration can look like in practice. Learn from a panel of experts working within different sectors to advance the efficiency and equity of POSC practices.

Participant Expectations

Participants will actively engage in practical discussions and activities designed to build skills, awareness, and capacity to improve POSC practices in perinatal care settings. These activities include:

- **Reviewing and discussing best practices** in implementing POSC workflows, focusing on trauma-informed strategies
- **Identifying common barriers** in POSC workflows and working across sectors to devise intersectional interventions
- **Collaborating with peers and experts** to share insights, challenges, and innovative approaches for improving POSC practices.

Participant Benefits

Upon completion of the **Plans of Safe Care Sprint**, participants will:

- **Enhance Knowledge of Plans of Safe Care:** Gain a deeper understanding of the verbiage, requirements, and workflows of implementing Plans of Safe Care. Participants will be able to navigate the multiple systems that work with POSC.
- **Develop Practical Implementation Strategies:** Learn strategies for improving POSC practices - either within healthcare settings or when working with healthcare facilities.
- **Strengthen Professional Networks:** Build relationships with a diverse statewide network of healthcare providers, public health and behavioral health professionals, social workers, and community-based organizations dedicated to protecting child welfare.
- **Reduce Stigma & Improve Communication:** Acquire tools to address stigma surrounding substance use in pregnancy and effectively communicate with patients about harm reduction and POSC.



Timeline

- **April 30, 2026** - Plans of Safe Care (POSC) 101: The Landscape of POSC in Minnesota
- **May 14, 2026** - Operationalizing POSC: Practical Strategies for Hospitals and Community Systems
- **May 28, 2026** - Dissolving Silos: Cross-System Collaboration in POSC Implementation

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