



Perinatal Resource Mapping Sprint Charter

Program Overview

In alignment with Minnesota hospital priorities for 2024, the Minnesota Perinatal Quality Collaborative (MNPQC) is proud to introduce the **Perinatal Resource Mapping Sprint**—an innovative three-session program aimed at fostering collaboration and enhancing resource sharing across healthcare and community settings. This sprint brings together a diverse group of stakeholders, including hospitals, healthcare centers, community organizations, non-profits, government agencies, public health professionals, social workers, doulas, community health workers, students, and others committed to advancing perinatal health.

Unlike traditional learning opportunities, this sprint emphasizes connection, collaboration, and practical resource-sharing to address gaps in perinatal care. By working together, participants will contribute to creating a stronger, more coordinated system of care that meets the needs of birthing people and their families.

Program Aim

The Perinatal Resource Mapping Sprint is designed to empower participants to:

- Identify and access critical perinatal health resources using MNPQC's resource map.
- Support hospitals and community organizations in developing or enhancing comprehensive, geographically specific resource lists.
- Improve access and coordination of care for underserved populations, ensuring equitable and effective support throughout the perinatal journey.

Through this sprint, MNPQC aims to equip participants with the tools and strategies needed to build a sustainable, community-driven approach to perinatal resource sharing and care coordination.

Goals and Objectives

- **Session 1: Understanding the Value of Resource Mapping**
 - Highlight the critical role resource mapping plays in improving care coordination and addressing the unique needs of communities.
 - Introduce MNPQC's resource map as a powerful tool to inspire and guide participants in aligning resources with their organization's goals.
- **Session 2: Practical Skills for Building and Sharing Resource Maps**
 - Provide step-by-step, hands-on training on using Google MyMaps to create personalized, geographically specific resource maps.
 - Equip participants with the skills to expand and refine their maps by incorporating relevant community resources.

- Demonstrate methods for effectively sharing resource maps to improve accessibility and collaboration among stakeholders.
- **Session 3: Addressing Resource Gaps and Overcoming Challenges**
 - Create a collaborative space for participants to share insights, successes, and innovative approaches to overcoming barriers.

Participant Expectations

Participants will actively engage in practical, hands-on activities designed to build their skills and enhance their resource-sharing capacity. These activities include:

- Constructing and refining spreadsheets to organize and track essential perinatal resources.
- Creating and customizing Google MyMaps to visualize and share resource information effectively.

Throughout the sprint, participants will benefit from personalized guidance and expert support provided by MNPQC specialists, ensuring they have the tools and knowledge needed to succeed.

Participation Benefits

Upon completion of the Perinatal Resource Mapping Sprint, participants will:

- **Enhance Resource Knowledge:** Gain in-depth familiarity with state and national perinatal health resources through MNPQC's Resource Map.
- **Build Customized Tools:** Develop a comprehensive, user-friendly resource map tailored to their community's unique needs, facilitating stronger connections between communities and vital perinatal health resources.
- **Strengthen Professional Networks:** Cultivate meaningful relationships with a diverse network of professionals and organizations dedicated to improving perinatal health outcomes.

Implementation Timeline

- **December 2024:** Plan sessions, pilot Google MyMaps, and recruit participants.
- **January 2025:** Continue recruiting participants and launch Session 1 on January 28.
- **February 2025:** Conduct Session 2 on February 4 and Session 3 on February 11.
- **March 2025:** Share the final report summarizing outcomes and insights.

Faculty and Support

MNPQC extends its gratitude to Aspirus St. Luke's Duluth's Mallory Cummings, RN, Leah Kingfisher, and Anna Fuhs for assisting in piloting their personalized resource mapping spreadsheet and providing valuable feedback. Their contributions have been instrumental in making this sprint possible.

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