

Lived Experience Integration Forum

Presented to

2024 Joint Perinatal Improvement Summit

October 23, 2024

The purpose of MoMMAs Voices is to amplify patient and family voices - especially those who have been historically marginalized - ensuring they are equipped and activated as partners to improve maternal health outcomes.

MoMMAs Voices is engaged as partners wherever maternal health improvements are needed.





MoMMA's Voices is a program of the Preeclampsia Foundation. Funding is provided by:

- Merck for Mothers, as part of their worldwide 10-year initiative to assure no woman dies giving life
- Alliance for Improvement in Maternal Health (AIM), a program of ACOG
- Premier, Inc through the Premier Perinatal Improvement Collaborative

4th Trimester Arizona Aaliyah in Action AFE Foundation Allo Hope Foundation Angels Protection, Inc. APS Foundation of America Black Women's Health **Imperative** Cherished Mom Dr. Shalon's Maternal Action Project **End Sepsis Every Mother Counts** Healing our Hearts Foundation HER Foundation (HG) Let's Talk PPCM

Maternal Near-Miss Support Mom Congress National Accreta Foundation NICU Parent Network PCOS Challenge PPROM Foundation **PUSH** for Empowered Birth **PUSH Birth Partners** Save the Mommies (PPCM) Shade of Blue Project Sisters in Loss Solace for Women The Obstetrics Initiative **Urban Baby Beginnings**

DESCRIBE THE DIFFERENCE IN HEARING AND LISTENING

2

DESCRIBE VARIOUS WAYS TO BECOME A CHAMPION AT YOUR FACILITY AND BEYOND

3

DESCRIBE THE BENEFITS OF HAVING LIVED EXPERIENCE INTEGRATED IN QI ACTIVITIES

Hearing vs. Listening

Is there a difference?

Have you ever listened with ½ an ear while doing something else? Listening on a call with kids in the background trying to get your attention, trying to order dinner on the CFA app, while texting a friend. Sound familiar?



HEAR OR LISTEN (TO)?

HEAR

Hearing is *an event*. Something which happens to us as a natural process.



Suddenly I **heard** a noise.



Did you **hear** the thunder last night?



The line is very bad. I can't **hear** you.

LISTEN (TO)

Listening is *an action*. Something we do consciously.



I **listened** very carefully **to** what she said and wrote it all down.



Do you **listen to** the radio in bed?



George! **Listen to** me! I have something important to tell you.



There is a difference!

Ways to Integrate Patients

Patient Engagement is not a new idea-"PFA" Patient Family
Partnership
allows us to
focus on the
idea of working
together

+ ;

We started LEI Integration. We want to be a voice at the decision making table

The ones closest to the pain need to be closest to the conversation



Share personal stories, leading to a more focused commitment by improvement teams

Identify pieces of the process that are confusing or missing from a patient/family perspective (Ex. brochure)

Simulation Ambassadors Grand Rounds Employee Onboarding
PATIENT SATISFACTION SURVEY Patient Advocacy Organizations

Patient Led Research Focus Groups
Conferences



Game time!

Peanut Butter & Jelly

Describe how to make a peanut butter and jelly sandwich.

What steps are missing?



Important Considerations Before Integrating

01

Listen without judgement "Leave your baggage at the door"



02

Recognize the trauma and bravery they are bringing to you 03

Don't focus on medical jargon 04

Possess an open mind to recognize that what a provider may see as a successful delivery, the patient may view as trauma

05

Grief is the loss of all the things the PFP wanted it to be





Do you have a patient that can be apart of your next action plan?

Can you have a patient review your surveys?

How can you effectively communicate with your patient about what they've experienced?

JUST TAKE ONE STEP

MoMMA's Voices Overview









Help match patient family partners

Get trained on Lived Experience Integration (Let us talk about the hard topics!)

→ Online Course→ Workshops→ Classes

Register your PQC program team or hospital system for Community of Learning (Fall 2024)

Q & A



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[THANK YOU]

'7 Unique Active Listening Games, Exercises and Activities for Adults' by Andrew G. Ward, at www.goodlisteningskills.org © 2020.

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